



2020 Medical Plan Coverage for Fitness and Vision Care

In addition to preventive services, some STRS Ohio medical plans include coverage for fitness and weight management services, as well as vision care. For more information, please contact your plan administrator directly. Supplemental dental and vision coverage is also available from STRS Ohio.

	Fitness/Weight Management	Vision Care
Aetna Medicare Plan	SilverSneakers membership; discounts on weight management services	Enrollee pays 0% for annual eye exam; eyewear discounts at participating providers
Medical Mutual Basic	Discount membership to Curves and gyms in the GlobalFit network; discounts on weight management services	No coverage
Aetna Basic	Discount membership to gyms in the GlobalFit network; discounts on weight management services	Discounts on eye exams and eyewear
AultCare PPO	30% discount on the Aultman Weight Management program; includes free access to Aultman Fitness Facilities	<u>Non-Medicare</u> No coverage <u>Medicare Part B-only</u> Enrollee pays 0% for annual eye exam (in-network); no coverage (out-of-network)
AultCare PrimeTime Health Plan HMO-POS	Silver&Fit Exercise & Healthy Aging Program includes free access to a participating fitness center or select YMCA	Enrollee pays 0% for annual eye exam (in-network); no coverage (out-of-network)
Paramount Health Care	No coverage	Enrollee pays \$20 for annual eye exam at participating providers
Paramount Elite	SilverSneakers membership	Enrollee pays \$25 for annual eye exam at participating providers