



## 2021 Medical Plan Coverage for Fitness and Vision Care

In addition to preventive services, some STRS Ohio medical plans include coverage for fitness and weight management services, as well as vision care. Some plans may also offer hearing discounts and discounts on natural products and services. For more information, please contact your plan administrator directly. Supplemental dental and vision coverage is also available from STRS Ohio.

	Fitness/Weight Management	Vision Care
<b>Aetna Medicare Plan</b>	SilverSneakers membership; discounts on weight management services	Enrollee pays 0% for annual routine eye exam; eyewear discounts at participating providers
<b>Medical Mutual Basic</b>	Discount membership to Curves and gyms in the GlobalFit network; discounts on weight management services	No coverage
<b>Aetna Basic</b>	Discount membership to gyms in the GlobalFit network; discounts on weight management services	Discounts on eye exams and eyewear
<b>AultCare PPO</b>	30% discount on the Aultman Weight Management program; includes free access to Aultman Fitness Facilities	No coverage
<b>AultCare PrimeTime Health Plan HMO-POS</b>	Silver&Fit Exercise & Healthy Aging Program includes free access to a participating fitness center or select YMCA	Enrollee pays 0% for annual routine eye exam
<b>Paramount Health Care</b>	No coverage	Enrollee pays \$20 for annual routine eye exam at participating providers
<b>Paramount Elite</b>	SilverSneakers membership	Enrollee pays 0% for annual routine eye exam