



## 2023 Medical Plan Coverage for Fitness, Vision and Hearing

In addition to preventive services, some STRS Ohio medical plans include coverage for fitness and weight management services, as well as vision care. Some plans also offer hearing discounts. **For specific information, please contact your plan directly.** Supplemental dental and vision coverage is also available from STRS Ohio.

	Fitness/Weight Management	Vision	Hearing
<b>Aetna Medicare Plan</b> 866-282-0631 (toll-free)	SilverSneakers membership; discounts on weight management services	Enrollee pays 0% for annual routine eye exam; eyewear discounts at participating providers	Discounts and savings through Hearing Care Solutions and Amplifon
<b>Medical Mutual Basic</b> 877-520-6727 (toll-free)	Discount membership to Curves and gyms in the GlobalFit network; discounts on weight management services	No coverage	Discounts and savings through Beltone
<b>Aetna Basic</b> 800-645-5677 (toll-free)	Discount membership to gyms in the GlobalFit network; discounts on weight management services	Discounts on eye exams and eyewear	Discounts and savings through Hearing Care Solutions and Amplifon
<b>AultCare PPO</b> Canton area: 330-363-6360 All other areas: 800-344-8858 (toll-free)	30% discount on the Aultman Weight Management program; includes free access to Aultman Fitness Facilities	No coverage	No coverage
<b>AultCare PrimeTime Health Plan</b> Canton area: 330-363-7407 All other areas: 800-577-5084 (toll-free)	Silver&Fit Exercise & Healthy Aging Program includes free access to a participating fitness center or select YMCA	Enrollee pays 0% for annual routine eye exam	Discounts and savings through Amplifon
<b>Paramount Health Care</b> 800-462-3589 (toll-free)	No coverage	Enrollee pays \$20 for annual routine eye exam at participating providers	No coverage
<b>Paramount Elite</b> 833-554-2335 (toll-free)	SilverSneakers membership	Enrollee pays 0% for annual routine eye exam	Discounts and savings through NationsHearing