



## 2019 Medical Plan Coverage for Fitness, Dental and Vision

In addition to preventive services, some STRS Ohio medical plans include coverage for fitness and wellness services, as well as dental and vision care. For more information, please contact your plan administrator directly. Supplemental dental and vision coverage is also available from STRS Ohio.

	Fitness/Wellness	Dental	Vision
<b>Aetna Medicare Plan</b>	SilverSneakers membership; discount membership to gyms in the GlobalFit network; discounts on weight management, hearing services and natural products/services	No coverage	Enrollee pays 0% for annual eye exam; eyewear discounts at participating providers
<b>Medical Mutual Basic</b>	Discount membership to Curves and gyms in the GlobalFit network; discounts on Weight Watchers membership and Beltone hearing services	No coverage	No coverage
<b>Aetna Basic</b>	Discount membership to gyms in the GlobalFit network; discounts on weight management, hearing services and natural products/services	No coverage	Discounts on eye exams and eyewear
<b>AultCare PPO</b>	30% discount program on the Aultman Weight Management program; includes free access to Aultman Fitness Facilities	<u>Non-Medicare enrollees</u> No coverage  <u>Medicare enrollees</u> Enrollee pays \$25 (in-network) or \$55 (out-of-network) for annual Medicare-approved dental exam	<u>Non-Medicare enrollees</u> No coverage  <u>Medicare enrollees</u> Enrollee pays \$25 (in-network) or \$55 (out-of-network) for annual Medicare-approved eye exam
<b>Paramount Health Care</b>	Preventive services only	No coverage	Enrollee pays \$20 for annual eye exam at participating providers
<b>Paramount Elite</b>	SilverSneakers membership	No coverage	Enrollee pays \$25 for annual eye exam at participating providers