

Express Scripts Medicare (PDP) for State Teachers Retirement System of Ohio (STRS Ohio) Annual Notice of Changes Plan Materials for 2023

Enclosed are your **Express Scripts Medicare**[®] (PDP) renewal materials for the 2023 plan year. Please remember that your renewal in this plan is automatic—no action is required to continue your membership for 2023. Please promptly review the enclosed materials to become familiar with the changes to your benefit.

The following renewal materials are enclosed:

- **Quick Reference Guide**
Use this document to find important contact information for your plan.
- **Annual Notice of Changes**
Use this document to see a summary of any changes to your benefits and costs for the upcoming year.
- **Important Information for Those Who Receive Extra Help Paying for Their Prescription Drugs (“LIS Rider”)**
If you qualify for a low-income subsidy and have been receiving Extra Help, this document will help you understand the amount of assistance you will be receiving for the 2023 plan year.

Express Scripts Medicare Customer Service	STRS Ohio
Call here to find out in advance if a drug is covered or to ask other general questions.	<p>Write: STRS Ohio 275 E. Broad St. Columbus, OH 43215-3771</p>
<p>Call: 1-888-416-3326</p>	<p>Call: 1-888-227-7877</p>
<p>TTY: 1-800-716-3231</p>	<p>Hours: Weekdays, 8 a.m. to 5 p.m., Eastern Time</p>
<p>Hours: 24 hours a day, 7 days a week</p>	

Quick Reference Guide

Grievance Contact Information	
Use this contact information to file a grievance.	
Write: Express Scripts Medicare Attn: Grievance Resolution Team P.O. Box 3610 Dublin, OH 43016-0307	Call: 1-888-416-3326 TTY: 1-800-716-3231 Fax: 1-614-907-8547 Hours: 24 hours a day, 7 days a week
Initial Coverage Reviews	
Use this contact information if you need an initial coverage decision for a medication that must be approved before the prescription can be filled at a participating retail or home delivery pharmacy, or to remove or change a restriction on a specific medication.	
Write: Express Scripts Attn: Medicare Reviews P.O. Box 66571 St. Louis, MO 63166-6571	Call: 1-844-374-7377 TTY: 1-800-716-3231 Fax: 1-877-251-5896 Hours: 24 hours a day, 7 days a week
Appeals Contact Information	
Use this contact information if you need to file an appeal because your coverage review was denied or because your request to remove or change a restriction on a medication was denied.	
Write: Express Scripts Attn: Medicare Appeals P.O. Box 66588 St. Louis, MO 63166-6588	Call: 1-844-374-7377 TTY: 1-800-716-3231 Fax: 1-877-852-4070 Hours: 24 hours a day, 7 days a week
Paper Claim Submission	
Mail requests with receipts to obtain payment for medications already received to: Express Scripts Attn: Medicare Part D P.O. Box 14718 Lexington, KY 40512-4718	
To obtain a Direct Claim Form: Download from our website, express-scripts.com , in the Medicare Resources Center found in the Benefits menu, or call Customer Service.	
The Direct Claim Form is not required, but it will help us process the information faster. It's a good idea to make a copy of all of your receipts for your records. You can fax us your request for payment 24 hours a day, 7 days a week to 1-608-741-5483 .	

Express Scripts Medicare (PDP) for State Teachers Retirement System of Ohio (STRS Ohio)



Annual Notice of Changes for 2023

You are currently enrolled as a member of **Express Scripts Medicare**® (PDP). The coverage described in this document is your final coverage after combining the standard Medicare Part D benefit with additional coverage being provided by State Teachers Retirement System of Ohio (STRS Ohio). Next year, there will be some changes to the plan's costs and coverage. *This document describes the changes.*

Changes to your Medicare Part D coverage for next year can generally be made from October 15 through December 7. The annual open-enrollment period established by STRS Ohio is November 1, 2022 through November 23, 2022. Please contact STRS Ohio for more information.

Additional Resources

- This document is available for free in other languages.
- For help or more information, contact Express Scripts Medicare Customer Service at **1-888-416-3326** (TTY users should call **1-800-716-3231**), 24 hours a day, 7 days a week. We have free language interpreter services available for non-English speakers.
- This information is also available in braille. Please call Express Scripts Medicare Customer Service at the numbers above if you need plan information in another format.

About Express Scripts Medicare

- Express Scripts Medicare (PDP) is a prescription drug plan with a Medicare contract. Enrollment in Express Scripts Medicare depends on contract renewal.
- When this document says “we,” “us” or “our,” it means *Medco Containment Life Insurance Company*. When it says “plan” or “our plan,” it means Express Scripts Medicare.
- This information is not a complete description of benefits. Call Express Scripts Medicare at the phone numbers above for more information.
- ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-268-5707** (TTY: **1-800-716-3231**).
- Other pharmacies are available in our network.

Think About Your Medicare Coverage for Next Year

Each fall, Medicare allows you to change your Medicare health and drug coverage during the Annual Enrollment Period. It's important to review your coverage now to make sure it will meet your needs next year. **Please see Section 3 for more information about deadlines for changing plans.**

Important things to do:

- Check the changes to our benefits and costs to see if they affect you.** It is important to review benefit and cost changes to make sure they will work for you next year. Please note this is only a summary of changes. Look in **Section 1** for information about benefit and cost changes for our plan.
- Check the changes to our prescription drug coverage to see if they affect you.** Will your drugs be covered? Are they in a different tier? Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription? Can you continue to use the same pharmacies? It is important to review the changes to make sure our drug coverage will work for you next year. Look in **Section 1** for information about changes to our drug coverage.
- Think about your overall costs in the plan.** How much will you spend out of pocket for the services and prescription drugs you use regularly? How much will you spend on your premium? How do the total costs compare to other Medicare coverage options?

If you decide to stay with Express Scripts Medicare (PDP):

If you want to stay with us next year, it's easy – you don't need to do anything. You will automatically stay enrolled in our plan.

If you decide to change plans:

If you decide other coverage will better meet your needs, look in **Section 2.2** to learn more about your choices. Please see **Section 3** for information about deadlines for changing plans. If you enroll in a new plan, your new coverage will begin on January 1, 2023.

SECTION 1 Changes to Coverage and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

There is no separate premium to participate in this plan. The cost of prescription drug coverage is included in your monthly STRS Ohio medical plan premium. For premium amounts, please refer to your plan selection documents.

- You may be required to pay a lifetime Part D late enrollment penalty in addition to your plan premium.
- If you have a higher income, you may have to pay an additional amount each month *directly to the government* for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs. Please see **Section 5** regarding “Extra Help” from Medicare.

Section 1.2 – Changes to Part D Prescription Drug Coverage

Changes to Your Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We have included a separate insert, called “Important Information for Those Who Receive Extra Help Paying for Their Prescription Drugs” (also called the “Low Income Subsidy Rider” or “LIS Rider”), which tells you about your drug coverage and costs. If you get Extra Help and didn’t receive this insert with this packet, please call Customer Service and ask for the LIS Rider. Phone numbers for Customer Service are on the front cover of this document.

This plan has four drug payment stages. Which “Drug Payment Stage” you are in may affect how much you pay for a Part D drug.

The following chart summarizes changes to the plan’s drug payment stages and your cost-sharing amounts for covered prescription drugs. The changes shown will take effect on January 1, 2023, and will stay the same for the entire calendar year. How much you pay for a drug depends on which “tier” the drug is in. The costs in this chart are for prescriptions filled at network pharmacies. Generally, we cover drugs filled at an out-of-network pharmacy only when you are not able to use a network pharmacy. There may be restrictions for prescriptions filled at out-of-network pharmacies, such as a limit on the amount of the drug you can receive.

Important Message About What You Pay for Vaccines – Our plan covers most Part D vaccines at no cost to you. If your plan has a deductible, there is no deductible for covered vaccines. Call Customer Service for more information.

Important Message About What You Pay for Insulin – You won’t pay more than \$35 for a one-month supply for each insulin product covered by our plan, no matter its cost-sharing tier. If

your plan covers insulin at a lower cost-sharing amount, you will pay the lower amount. If your plan has a deductible, there is no deductible for covered insulins.

	2022 (this year)	2023 (next year)
<p>MEMBER OUT-OF-POCKET MAXIMUM</p> <p>This plan has a yearly out-of-pocket maximum (costs paid by yourself only). Once you reach this amount, you will pay \$0 for your covered prescription drugs for the remainder of the calendar year, and the cost-share amounts listed in the various stages will not apply to you.</p>	\$5,100	\$4,000
<p>YEARLY DEDUCTIBLE STAGE</p> <p>During this stage, you pay the full cost of your Part D brand drugs. You stay in this stage until you have paid your deductible amount.</p> <p>Once you meet your deductible, you move on to the Initial Coverage stage.</p>	<p>\$275</p> <p>This is how much you must pay for your covered Part D brand-name drugs before the plan will pay its share. There is no deductible for covered generic drugs.</p>	<p>\$275</p> <p>This is how much you must pay for your covered Part D brand-name drugs before the plan will pay its share. There is no deductible for covered generic drugs.</p>

	2022 (this year)	2023 (next year)
<p>INITIAL COVERAGE STAGE</p> <p>During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.</p>	<p>The table below shows your costs for drugs in each of our four drug tiers. We moved some of the drugs on the drug list to different drug tiers. To see if any of your drugs have been moved to different tiers, look them up online at express-scripts.com/documents starting on October 15, 2022, or call Express Scripts Medicare Customer Service.</p> <p>For 2023, you will stay in this stage until the total cost of your Part D drugs reaches \$4,660 (in 2022, the limit is \$4,430). Once you reach this limit, you move on to the Coverage Gap stage. Most members will not reach the Coverage Gap stage.</p>	
<p>Drugs in Tier 1 <i>(Generic Drugs)</i></p> <p>Cost for a one-month (31-day) supply of a drug in Tier 1 that is filled at a network retail pharmacy</p> <p>Cost for a three-month (90-day) supply of a drug in Tier 1 that is filled through our Express Scripts® Pharmacy home delivery service. Your cost share may differ at other home delivery pharmacies.</p>	<p>Preferred cost sharing You pay \$10 per prescription.</p> <p>Standard cost sharing You pay \$20 per prescription.</p> <p>Preferred cost sharing You pay \$25 per prescription.</p> <p>Standard cost-sharing N/A</p>	<p>Preferred cost sharing You pay \$10 per prescription.</p> <p>Standard cost sharing You pay \$20 per prescription.</p> <p>Preferred cost sharing You pay \$25 per prescription.</p> <p>Standard cost-sharing N/A</p>

	2022 (this year)	2023 (next year)
<p>Drugs in Tier 2 <i>(Preferred Brand Drugs)</i> 31-day supply filled at a network retail pharmacy</p> <p>90-day supply filled through our Express Scripts® Pharmacy home delivery service. Your cost share may differ at other home delivery pharmacies.</p>	<p>Preferred cost sharing You pay \$30 per prescription.</p> <p>Standard cost sharing You pay \$40 per prescription.</p> <p>Preferred cost sharing You pay \$75 per prescription.</p> <p>Standard cost sharing N/A</p>	<p>Preferred cost sharing You pay \$30 per prescription.</p> <p>Standard cost sharing You pay \$40 per prescription.</p> <p>Preferred cost sharing You pay \$75 per prescription.</p> <p>Standard cost sharing N/A</p>
<p>Drugs in Tier 3 <i>(Non-Preferred Drugs)</i> 31-day supply filled at a network retail pharmacy</p> <p>90-day supply filled through our Express Scripts® Pharmacy home delivery service. Your cost share may differ at other home delivery pharmacies.</p>	<p>Preferred cost sharing You pay \$75 per prescription.</p> <p>Standard cost sharing You pay \$85 per prescription.</p> <p>Preferred cost sharing You pay \$187.50 per prescription.</p> <p>Standard cost sharing N/A</p>	<p>Preferred cost sharing You pay \$75 per prescription.</p> <p>Standard cost sharing You pay \$85 per prescription.</p> <p>Preferred cost sharing You pay \$187.50 per prescription.</p> <p>Standard cost sharing N/A</p>

	2022 (this year)	2023 (next year)
<p>Drugs in Tier 4 (<i>Specialty Tier Drugs</i>) 31-day supply filled at a network retail pharmacy</p> <p>90-day supply filled through our Express Scripts[®] Pharmacy home delivery service. Your cost share may differ at other home delivery pharmacies.</p>	<p>Preferred cost sharing You pay 8% of the total cost (\$440 maximum per fill).</p> <p>Standard cost sharing You pay 8% of the total cost (\$450 maximum per fill).</p> <p>Preferred cost sharing You pay 8% of the total cost (\$1,350 maximum per fill).</p> <p>Standard cost sharing N/A</p>	<p>Preferred cost sharing You pay 8% of the total cost (\$440 maximum per fill).</p> <p>Standard cost sharing You pay 8% of the total cost (\$450 maximum per fill).</p> <p>Preferred cost sharing You pay 8% of the total cost (\$1,350 maximum per fill).</p> <p>Standard cost sharing N/A</p>
<p>COVERAGE GAP STAGE</p> <p>Because the member out-of-pocket maximum and your total out-of-pocket drug costs include different costs, you may reach the Catastrophic Coverage stage (\$7,400) prior to reaching your member out-of-pocket maximum.</p> <p>If you reach the out-of-pocket limit first, you leave the Coverage Gap stage and move on to the Catastrophic Coverage stage.</p> <p>If you reach your member out-of-pocket maximum first, you will pay \$0 for your covered prescription drugs for the remainder of the plan year.</p>	<p>During this stage, the plan will continue to cover your drugs at the same cost-sharing amount as in the Initial Coverage stage until you qualify for the Catastrophic Coverage stage.</p> <p>For 2023, you will stay in the Coverage Gap stage until you pay \$7,400 out of pocket for Part D drugs (in 2022, until you pay \$7,050).</p> <p>Once you reach this yearly out-of-pocket amount, you move on to the Catastrophic Coverage stage.</p>	

	2022 (this year)	2023 (next year)
<p>CATASTROPHIC COVERAGE STAGE</p> <p>This stage is the last of the drug payment stages. If you reach this stage, you will stay in this stage until the end of the calendar year.</p>	<p>When you reach the Catastrophic Coverage stage, you will pay \$0 for covered drugs, regardless of whether you have reached your member out-of-pocket maximum.</p>	<p>When you reach the Catastrophic Coverage stage, you will pay \$0 for covered drugs, regardless of whether you have reached your member out-of-pocket maximum.</p>

Changes to Our Drug List

Our list of covered drugs is called a formulary or “drug list.” A PDF of our printed drug list for 2023 will be available by logging into [express-scripts.com/documents](https://www.express-scripts.com/documents) beginning on October 15, 2022. We made some changes to our drug list, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Note that compound drugs are not covered. The U.S. Food and Drug Administration (FDA) defines a compound medication as one that requires a licensed pharmacist to combine, mix or alter the ingredients of a medication when filling a prescription. **The FDA does not verify the quality, safety and/or effectiveness of compound medications.** The drug list includes many – *but not all* – of the drugs that we will cover next year. If a drug is not on our list, it might still be covered. Contact Customer Service to determine whether your drug is covered.

Most of the changes in the drug list are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up-to-date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

Section 1.3 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Please visit our website at [express-scripts.com](https://www.express-scripts.com) or call Express Scripts Medicare Customer Service for more information.

You will continue to have the choice of filling your retail prescriptions at pharmacies with preferred cost-sharing, which may offer you lower cost-sharing than the standard cost-sharing offered by other pharmacies within our network.

There are changes to our network of pharmacies for next year. However, the majority of pharmacies that participate in our network in 2022 will continue to participate in 2023. You can access information about what pharmacies are in our network by logging into express-scripts.com/pharmacies or by calling Customer Service. You can also ask us to mail you a *Pharmacy Directory*.

It is important that you know that we may make changes to the pharmacies that are part of your plan during the year. If a mid-year change in our pharmacies affects you, please contact Customer Service so we may assist.

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If You Want to Stay in Express Scripts Medicare

To stay in this plan, you don't need to do anything. You will automatically stay enrolled as a member of our plan for 2023.

Section 2.2 – If You Want to Change Plans

We hope to keep you as a member for next year, but if you are considering changing prescription drug plans, please contact STRS Ohio for specific information about your group coverage. There may be additional implications to other coverage, such as loss of medical coverage if you choose a plan outside STRS Ohio's offering. STRS Ohio will also be able to instruct you on how to terminate your current coverage.

Once you have discussed your options regarding coverage with STRS Ohio, you may find more information about plans available in your area by contacting Medicare. You may visit <https://www.medicare.gov/plan-compare> or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week.

SECTION 3 Deadline for Changing Plans

If you want to change to a different prescription drug plan or to a Medicare health plan for next year, you can generally make changes from **October 15 through December 7**. The Annual Enrollment Period established by STRS Ohio is **November 1, 2022 through November 23, 2022**. Your change in coverage will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, or those who get Extra Help paying for their drugs, those who have or are leaving employer coverage and those who move out of the service area may be allowed to make

a change at other times of the year.

Note: If you're in a drug management program, you may not be able to change plans.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage at any time. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time. Please speak with your former employer or your retiree group to understand your options and consequences of choosing another plan before you make a change.

SECTION 4 Programs That Offer Free Counseling About Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program (not connected with any insurance company or health plan) with trained counselors in every state. It is a state program that gets money from the federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can contact the SHIP in your state by contacting Medicare.

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to seventy-five (75) percent or more of your drug costs, including monthly prescription drug premiums, annual deductibles and coinsurance. Additionally, those who qualify will not have a coverage gap or a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** The State Pharmaceutical Assistance Program helps people pay for prescription drugs based on their financial need, age or medical condition. To learn more about the program, check with your State Pharmaceutical Assistance Program.

- **Prescription cost-sharing assistance for persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/underinsured status. For information on eligibility criteria, covered drugs, or how to enroll in the program, check with your state AIDS Drug Assistance Program.

SECTION 6 Questions?

We're here to help. Please call Customer Service at **1-888-416-3326**. Customer Service is available 24 hours a day, 7 days a week. TTY users should call **1-800-716-3231**.

Section 6.1 – Other Plan Information

Rights and rules about next year's coverage

This *Annual Notice of Changes* gives you a summary of changes in your coverage and costs for 2023. The *2023 Evidence of Coverage* is the legal, detailed description of your plan coverage. It explains your rights and the rules you need to follow to get covered services and prescription drugs. You may request a copy of the *Evidence of Coverage* by calling Customer Service at the numbers on the front of this document. A copy of the *Evidence of Coverage* is located on our website at [express-scripts.com/documents](https://www.express-scripts.com/documents). You may also call Customer Service to ask us to mail you a copy.

Visit our website

You can visit our website at [express-scripts.com](https://www.express-scripts.com) for the most up-to-date information about our pharmacy network and drug coverage.

Notice of Privacy Practices

We have sent you a *Notice of Privacy Practices* upon your enrollment in this plan. Any changes made to this notice will be made available on our website. Should you require another copy of this notice, please contact Express Scripts Medicare Customer Service.

Section 6.2 – Getting Help From Medicare

- **To get information directly from Medicare:** Call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.
- **Visit the Medicare website:** Visit the Medicare website (<https://www.medicare.gov>). It has information about cost, coverage and quality Star Ratings to help you compare

Medicare prescription drug plans in your area. To view the information about plans, go to <https://www.medicare.gov/plan-compare>.

- **Read *Medicare & You 2023*:** Read the *Medicare & You 2023* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

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It's important we treat you fairly

Our goal is to treat you fairly. That's why we follow federal civil rights laws in our health programs and activities. We do not view or treat people differently because of their race, color, national origin, sex, age or disability. If you need help with any of the information we provide you, please let us know. We offer services that may help you. These services include aids for people with disabilities, language assistance through interpreters and information written in other languages. These are free at no charge to you. If you need any of these services, please call us at the numbers on the back of your member ID card. If you feel at any time that we didn't offer these services or we discriminated based on race, color, national origin, sex, age or disability, please let us know. You have the right to file a grievance, also known as a complaint. To file a complaint, please contact our Civil Rights Coordinator at:

Civil Rights Coordinator
Express Scripts Medicare
P.O. Box 4083
Dublin, Ohio 43016

You can also contact the U.S. Department of Health and Human Services, Office for Civil Rights at:

- Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- Mail: U.S. Department of Health and Human Services
200 Independence Avenue SW
Room 509F, HHH Building
Washington, DC 20201
- Phone: 1.800.368.1019 or 1.800.537.7697 (TDD)

Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.



Es importante brindarle un trato justo

Nuestro objetivo es brindarle un trato justo. Por este motivo, respetamos las leyes de derechos civiles en nuestros programas y actividades de salud. No consideramos ni tratamos a las personas de manera diferente debido a su raza, color, nacionalidad de origen, sexo, edad o discapacidad. Si necesita ayuda en cuanto a la información que le brindamos, infórmenos. Ofrecemos servicios que pueden ayudarle, entre los cuales se incluyen audífonos para personas con discapacidad, asistencia con el idioma mediante intérpretes e información escrita en otros idiomas. Estos servicios no tienen ningún cargo para usted. Si necesita alguno de estos servicios, llámenos al número que figura en la parte posterior de su tarjeta de identificación de miembro. Si siente en cualquier momento que no ofrecemos estos servicios o lo discriminamos por su raza, color, nacionalidad de origen, sexo, edad o discapacidad, infórmenos. Tiene el derecho a presentar una queja. Para presentar una queja, comuníquese con nuestro Civil Rights Coordinator escribiendo a esta dirección:

Civil Rights Coordinator
Express Scripts Medicare
P.O. Box 4083
Dublin, Ohio 43016

También puede comunicarse con el Departamento de Salud y Servicios Humanos de los EE. UU., Oficina de Derechos Civiles por estos medios:

- En línea: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
- Por correo postal: U.S. Department of Health and Human Services
200 Independence Avenue SW
Room 509F, HHH Building
Washington, DC 20201
- Teléfono: 1.800.368.1019 o 1.800.537.7697 (TDD)

Puede encontrar los formularios de quejas en <https://www.hhs.gov/ocr/office/file/index.html>.

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at the number on the back of your Member ID card. Someone who speaks English can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al número que figura en el reverso de su tarjeta de identificación de miembro. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电您的会员 ID 卡背面的电话号码。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電您的會員 ID 卡背面的電話號碼。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa numero na nasa likod ng inyong ID card ng Miyembro. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au numéro figurant au dos de votre carte d'identité de membre. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi số trên mặt sau thẻ ID Hội viên sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí .

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter carder Nummer auf der Rückseite Ihrer Mitgliedskarte. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 가입자 ID 카드 뒷면에 있는 전화번호로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону, указанному на обратной стороне вашей идентификационной карты участника. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على الرقم الموجود خلف بطاقة هوية العضو الخاصة بك. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें अपने सदस्य आईडी कार्ड के पीछे दिए नंबर पर कॉल करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero sul retro della sua scheda identificativa di membro del piano. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número indicado no verso seu cartão de identificação de membro. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan nimewo ki nan do kat Idantifikasyon Manm ou an. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer podany na odwrocie karty identyfikacyjnej członka. Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、会員証の裏面に記載されている番号にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

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